

October 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Lunch- \$3.85 Double- \$2.00		<i>1 Traveling Tacos</i> <i>Corn</i> <i>Baked Beans</i> <i>Meat/Cheese</i> <i>Canned/Fresh Fruit</i>	<i>2 Rotini W/ Meat</i> <i>Sauce WG Bread</i> <i>Green Beans</i> <i>Romaine Salad</i> <i>Canned./Fresh Fruit</i>	<i>3 Stuffed Crust Pizza</i> <i>Broccoli</i> <i>Romaine Salad</i> <i>Canned/Fresh Fruit</i> NY Fresh Peaches/ Peach Cobbler	<i>4 Meatball Sub on a</i> <i>WG Roll</i> <i>Corn</i> <i>Carrot Sticks</i> <i>Canned/Fresh Fruit</i>	5
<i>6 Alternate– Turkey,</i> <i>Ham, Egg Salad, Tu-</i> <i>na PBJ, Chicken</i> <i>Wrap, Salad Bar.</i>	<i>7 Popcorn Chicken</i> <i>Seasoned Rice</i> <i>Broccoli</i> <i>Carrot Sticks</i> <i>Canned/Fresh Fruit</i>	<i>8 Soft Shell Tacos</i> <i>Corn</i> <i>Baked Beans</i> <i>Romaine/Cheese</i> <i>Canned/Fresh Fruit</i>	<i>9 Bacon Cheeseburg-</i> <i>er</i> <i>Tatar Tot</i> <i>Fresh Pepper Cup</i> <i>Canned/Fresh Fruit</i>	<i>10 Mac-N-Cheese</i> <i>Cauliflower WG Roll</i> <i>Cucumber Cups</i> <i>Canned/Fresh Fruit</i> NY Yogurt and NY Chocolate Granola	<i>11 French Bread</i> <i>Pizza/ Breakfast</i> <i>Pizza</i> <i>Green Beans</i> <i>Romaine Salad</i>	<i>12 Milk: .65</i> <i>Low fat Chocolate</i> <i>One Percent</i> <i>Skim</i>
13 National Lunch Week. 10/14-10/18 Find the treasure by the end of the week!	14 <i>No</i> <i>School</i>	15 <i>No</i> <i>School</i>	16 <i>PSAT Testing</i> <i>No Lunch</i>	<i>17 Assorted Subs</i> <i>On a WG Roll</i> <i>Pasta Salad</i> <i>Carrot Sticks</i> <i>Canned/Fresh Fruit</i> NY Swedish Meatball	<i>18 Spaghetti W/</i> <i>Meatballs</i> <i>Corn</i> <i>Romaine Salad</i> <i>WG Roll</i> <i>Canned/Fresh Fruit</i>	19
20	21 National Chicken Waffles Day <i>Mashed Potatoes</i> <i>Corn Fruit</i> <i>Seasoned Noodles</i> <i>Chicken Pattie/Waffle</i>	<i>22 Chicken Quesadil-</i> <i>las</i> <i>Corn</i> <i>Baked Beans</i> <i>Meat/Cheese</i> <i>Canned/Fresh Fruit</i>	<i>23 Hotdogs W/ Chili</i> <i>and Cheese Sauce</i> <i>Chips</i> <i>Tatar Tots</i> <i>Canned/Fresh Fruit</i>	<i>24 Stuffed Crust Pizza</i> <i>Green Beans</i> <i>Romaine Salad</i> <i>Canned/Fresh Fruit</i> NY Pumpkin Seeds	<i>25 Chicken Bacon</i> <i>Ranch Wrap/ Philly</i> <i>Cheese Steak W/</i> <i>peppers and onions</i> <i>Green Beans</i> <i>Fruit Cucumber</i>	<i>26 Breakfast: 2.75</i> <i>Bagel with egg, cheese,</i> <i>bacon served with juice,</i> <i>fruit and milk</i>
27	<i>28 Chicken Tenders</i> <i>Seasoned Noodles</i> <i>Broccoli</i> <i>Carrot Sticks</i> <i>Canned/Fresh Fruit</i>	<i>29 Chicken Fajitas</i> <i>Corn</i> <i>Baked Beans</i> <i>Romaine/Cheese</i> <i>Canned/Fresh Fruit</i>	<i>30 French Toast</i> <i>Sticks</i> <i>Sausage</i> <i>Hash Brown</i> <i>Cauliflower</i> <i>Canned/Fresh Fruit</i>	<i>31 Stuffed Crust Pizza</i> <i>Green Beans</i> <i>Romaine Salad</i> <i>Canned/Fresh Fruit</i> NY Apple Cider		<i>This Institution is an</i> <i>equal opportunity and</i> <i>provider.</i>