

October 2021

Parents can....

Deposit funds in their student's meal account any time!

View cafeteria purchases!

Track meal account balances!

Set up low-balance e-mail reminders!

Schedule recurring payments!



Go to mySchoolBucks.com

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 French Toast Sticks Sausage Hash Brown Cauliflower	2
3 <u>Alternate-</u> Turkey, Ham, Egg Salad, Tuna, Chicken Wraps, PBJ.	4 Chicken Patties On a WG Roll Mashed Potatoes Carrot Sticks	5 Hard or Soft Shell Tacos Corn Baked Beans Romaine/Cheese	6 Chicken Sub On a WG Roll Green Beans Fresh Pepper Cup	7 Stuffed Crust Pizza Broccoli Romaine Salad Canned/Fresh Fruit	8 Rotini W/ Meat Sauce Green Beans Romaine Salad WG Roll	9 Milk: .50 Fat Free Chocolate One Percent Skim
10	11 No School	12 Loaded Nachos Corn Baked Beans Meat/Cheese	13 Testing Day No Lunch	14 Stuffed Crust Pizza Broccoli Spinach Salad Canned/Fresh Fruit	15 Mac-n-Cheese Cauliflower Cucumber Cup WG Roll	16
17	18 Popcorn Chicken Seasoned Rice Broccoli Carrot Sticks	19 Traveling Tacos In A BAG Corn Baked Beans Meat/Cheese	20 Bacon Cheese- burger Tatar Tot Fresh Pepper Cup	21 Mexican Fiesta Pizza Cauliflower Cucumber Cup	22 Chicken Patties On A WG Roll Mashed Potatoes Carrot/Celery Cup	23
24	25 Chicken Tenders Seasoned Noodles Broccoli Carrot Sticks	26 Loaded Nachos Corn Baked Beans Meat/Cheese	27 Chicken/Gravy Peas/Carrots Mashed Potatoes Biscuit	28 Stuffed Crust Pizza Peas Romaine Salad Canned/Fresh Fruit	29 Toasted Cheese Sandwich Carrots Tomato Soup Crackers	30 <u>Breakfast-</u> Free Bagel Sandwich or Bagel, Cr. Cheese Juice, fruit, and milk
31 This Institution is an equal opportunity and provider.						