

November 2023



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Lunch: \$3.80 Extra Helping \$2.00</p>			<p>1 Rotini w/ Meat Sauce WG Bread Green Beans Romaine Salad Canned/Fresh Fruit</p>	<p>2 NY Beef Bacon Cheeseburger on a WG Roll Tatar Tots Fruit NY Cabbage - Coleslaw</p>	<p>3 Stuffed Crust Pizza Broccoli Romaine Salad Canned/Fresh Fruit</p>	4
<p>5 Alternate: Turkey, Ham, Tuna, Egg Salad Sandwich, PBJ, Chicken Wraps</p>	<p>6 Chicken Patties On a WG Roll Mashed Potatoes Carrot Sticks Canned/ Fresh Fruit</p>	<p>7 French Bread Pizza Broccoli Romaine Salad Canned/Fresh Fruit</p>	<p>8 Toasted Cheese Sandwich Tomato Soup Glazed Carrots Veggie Cups Canned/Fresh Fruit</p>	<p>9 NY Beef Hard or Soft Shell Tacos Corn Baked Beans NY Lettuce/Cheese Canned/Fresh Fruit</p>	<p>10 No School</p>	<p>11 Milk: .65 Fat Free Chocolate One Percent Skim</p>
12	<p>13 Chicken Tenders Seasoned Noodles Broccoli Carrot Sticks Canned/Fresh Fruit</p>	<p>14 Loaded Nachos Corn Baked Beans Meat/Cheese Canned/Fresh Fruit</p>	<p>15 Mac-n-Cheese Cauliflower Pepper Cups WG Bread Canned/Fresh Fruit</p>	<p>16 Turkey/Gravy Biscuits Corn NY Grown– Potatoes for Mashed Potatoes Sweet Potatoes Stuffing Fruit</p>	<p>17 Big Daddy Pizza Peas Romaine Salad Canned/Fresh Fruit</p>	18
19	<p>20 Rotini w/ Meatballs and Sauce WG Bread Green Beans Romaine Salad Canned/Fresh Fruit</p>	<p>21 Traveling Tacos Corn Baked Beans Meat/Cheese Canned/Fresh Fruit</p>	<p>22 No School</p>	<p>23 Happy Thanksgiving</p>	<p>24 No School</p>	<p>25 Breakfast: 2.50 Bagel w/egg, cheese, bacon served with fruit, juice, milk.</p>
<p>26 This Institution is an equal opportunity and employer.</p>	<p>27 Popcorn Chicken Seasoned Rice Broccoli Carrot Sticks Canned/Fresh Fruit</p>	<p>28 Chicken Quesadillas Corn Baked Beans Lettuce/Cheese Canned/Fresh Fruit</p>	<p>29 French Toast Sticks Hash Browns Sausage Cauliflower Canned/Fresh Fruit</p>	<p>30 Stuffed Crust Pizza Cauliflower Romaine Salad NY– Squash Soup Canned/Fresh Fruit</p>		