

November 2022



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Lunch: \$3.80 Extra Helping \$2.00</p>		<p>1 Loaded Nachos Corn Baked Beans Meat/Cheese Canned/Fresh Fruit</p>	<p>2 Stuffed Crust Pizza Broccoli Romaine Salad Canned/Fresh Fruit</p>	<p>3 Rotini w/ Meat Sauce WG Bread Green Beans Romaine Salad Canned/Fresh Fruit</p>	<p>4 Grilled Cheese or Tuna Melt WG Bread Tomato Soup Glazed Carrots Crackers Canned/Fresh Fruit</p>	5
6	<p>7 Chicken Patties On a WG Roll Mashed Potatoes Carrot Sticks Canned/ Fresh Fruit</p>	<p>8 Chicken Quesadilla On A WG Shell Corn Baked Beans Canned/Fresh Fruit</p>	<p>9 Bacon Cheeseburg- er on a WG Roll Tatar Tots Vegetable Medley Canned/Fresh Fruit</p>	<p>10 French Bread Pizza Broccoli Romaine Salad Canned/Fresh Fruit</p>	11 No School	<p>12 Milk: .65 Fat Free Chocolate One Percent Skim</p>
<p>13 Alternate: Turkey, Ham, Tuna, Egg Sal- ad Sandwich, PBJ, Chicken Wraps.</p>	<p>14 Chicken Tenders Seasoned Noodles Broccoli Carrot Sticks Canned/Fresh Fruit</p>	<p>15 Traveling Tacos Corn Baked Beans Meat/Cheese Canned/Fresh Fruit</p>	<p>16 French Toast Sticks Cauliflower Sausage Hash Browns Canned/Fresh Fruit</p>	<p>17 Flat Bread Pizza Peas Romaine Salad Canned/Fresh Fruit</p>	<p>18 Turkey/Gravy Biscuits Corn Mashed Potatoes Stuffing Fruit Pudding Cups</p>	19
20	<p>21 Assorted Pizzas Broccoli Vegetable Canned/Fresh Fruit</p>	<p>22 Chicken/Bacon/ Cheese/Ranch Wraps Or Chicken Wraps Corn Vegetable Canned/Fresh Fruit</p>	23 No School	24 No School	25 No School	<p>26 Breakfast: 2.25 Bagel w/egg, cheese, bacon served with fruit, juice, milk.</p>
<p>27 This Institution is an equal opportunity and employer.</p>	<p>28 Popcorn Chicken Seasoned Rice Broccoli Carrot Sticks Canned/Fresh Fruit</p>	<p>29 Hard or Soft Shell Tacos Corn Baked Beans Romaine/Cheese Canned/Fresh Fruit</p>	<p>30 Mac-n-Cheese Cauliflower Cucumber Cups WG Bread Canned/Fresh Fruit</p>			