

January 2023



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 No School	3 <i>Chicken Patties on a WG Roll</i> <i>Mashed Potatoes</i> <i>Broccoli</i> <i>Canned/Fresh Fruit</i>	4 <i>Rotini W/ Meat Sauce WG Bread</i> <i>Green Beans</i> <i>Romaine Salad</i> <i>Canned/Fresh Fruit</i>	5 <i>Stuffed Crust Pizza</i> <i>Corn</i> <i>Carrot Sticks</i> <i>Canned/Fresh Fruit</i>	6 <i>French Toast Sticks</i> <i>Sausage</i> <i>Cauliflower</i> <i>Hash Brown</i> <i>Canned/Fresh Fruit</i>	7
8 <i>Alternate: Turkey, Ham, Tuna, Egg Salad, PBJ, Chicken Wrap.</i>	9 <i>Chicken Wraps or Chicken Bacon Ranch On a WG Shell</i> <i>Seasoned Fries</i> <i>Broccoli</i> <i>Canned/Fresh Fruit</i>	10 <i>Loaded Nachos</i> <i>Corn</i> <i>Baked Beans</i> <i>Meat/Cheese</i> <i>Canned/Fresh Fruit</i>	11 <i>Bacon Cheese-burger on a WG Roll</i> <i>Cauliflower</i> <i>Veggie Cups</i> <i>Canned/Fresh Fruit</i>	12 <i>French Bread</i> <i>Pizza</i> <i>Peas</i> <i>Romaine Salad</i> <i>Canned/Fresh Fruit</i>	13 <i>Mac-n-Cheese</i> <i>Summer Squash, Zucchini/Carrot Blend</i> <i>Cucumber Cups</i> <i>WG Bread</i> <i>Canned/Fresh Fruit</i>	14 <i>Milk: .65</i> <i>Fat Free Chocolate</i> <i>One Percent</i> <i>Skim</i>
15	16 No School	17 <i>Chicken Quesadilla</i> <i>Corn</i> <i>Baked Beans</i> <i>Meat/Cheese</i> <i>Canned/Fresh Fruit</i>	18 <i>Chicken/Gravy</i> <i>Peas/Carrots</i> <i>Mashed Potatoes</i> <i>Biscuit</i> <i>Canned/Fresh Fruit</i>	19 <i>French Bread</i> <i>Pizza</i> <i>Broccoli</i> <i>Romaine Salad</i> <i>Canned/Fresh Fruit</i>	20 <i>Toasted Cheese</i> <i>Tomato Soup</i> <i>Glazed Carrots</i> <i>Crackers</i> <i>Canned/Fresh Fruit</i>	21
22	23 <i>Popcorn Chicken</i> <i>Seasoned Rice</i> <i>Broccoli</i> <i>Carrot Sticks</i> <i>Canned/Fresh Fruit</i>	24 <i>Soft or Hard Shell Tacos</i> <i>Corn</i> <i>Baked Beans</i> <i>Meat/Cheese</i> <i>Canned/Fresh Fruit</i>	25 <i>Ham/ Cheese on a Pretzel Roll</i> <i>Green Beans</i> <i>Peppers Cups</i> <i>Canned/Fresh Fruit</i>	26 <i>Stuffed Crust Pizza</i> <i>Corn</i> <i>Romaine Salad</i> <i>Canned/Fresh Fruit</i>	27 No School	28 <i>Breakfast: 2.25</i> <i>Bagel w/egg, cheese, bacon, served with fruit, juice, milk.</i>
29 <i>This Institution is an equal opportunity and employer.</i>	30 <i>Chicken Tenders</i> <i>Seasoned Noodles</i> <i>Broccoli</i> <i>Carrot Sticks</i> <i>Canned/Fresh Fruit</i>	31 <i>Traveling Tacos</i> <i>Corn</i> <i>Baked Beans</i> <i>Meat/Cheese</i> <i>Canned/Fresh Fruit</i>				