

NOTRE DAME HIGH SCHOOL
Athletic Hall of Fame Induction - Class of 2021

Darci Walthew Pfund '03

Darci Walthew'03 was an amazing student-athlete during her 4 years at ND while competing at a high level in 3 Varsity-level sports: Cross Country, Swimming and Track and Field.

She was named the Most Improved member of her ND Girls Cross Country team as a freshman ['99] and went on to Captain her team during her junior ['01] and senior seasons ['02]. She was a member of 2 NYSPHSAA Girls Cross Country D/DD Section V Championship teams ['01, '02] and was the entire race winner in '01 [leading to a "Top 20" finish in the NYS meet] and the runner-up in '02!

A 4 time Genesee Region League [GR] All-Star ['99 - '02], she also earned NYSPHSAA Section V All-Star status as a junior ['01] and as a senior ['02]!

In the pool, Darci was a member of 4 Genesee Region [GR] Championship Swim teams ['01 - '03] during which time she regularly earned league All-Star recognition. A 4 time Sectional qualifier, she was also a member of the NYSPHSAA Academic Championship Swim Team in 2001.

Darci was named to 3 Genesee Region [GR] Track and Field All-Star teams ['01, '02, '03] while winning individual championships in the 3000 meter run [Meet record], 1500 meter run and the 880 meter run. She was a NYSPHSAA Section V Class D Champion in the steeple chase [twice], 1500 meter run, 3000 meter run and the 4 x 8 relay run. As a senior, she placed 4th in the NYSPHSAA Class B Sate meet in the 3000 meter run! She finished her ND Track and Field career as the school record holder in the 800, 1500, 3000, and the 2k Steeple Chase!

The epitome of the term "student-athlete" during her career at ND, Darci was the Class of 2003 Valedictorian, a member in good standing of the ND Chapter of the National Honor Society and the recipient of the overall highest 4 year average in the following subjects at graduation: Math, Science, Language, English and Social Studies.

After graduating from ND in 2003, Darci enrolled in Ohio Northern University in Ada, Ohio where she earned a BS degree as a double major in Exercise Science and Sports Management while graduating Magna Cum Laude in her Honors Program in 2007. She was a 4 year varsity letter winner in both Cross Country and Track and Field and helped lead her Women's Cross Country team to 2 Ohio Athletic Conference [OAC] Championships as well as a NCAA Division 3 national appearance. The ONU school recorder in the 3000K Steeple Chase, she also earned 6 All OAC All-Conference recognitions and was a 2 time D3 National Qualifier as well as a 2 time Academic All-American. Darci went on to earn her Master's Degree in Human Performance from Ithaca College in 2008.

She worked for Rehab Options of Issaquah [WA], a sports medicine clinic, from 2008 - 2016 until starting up her own personal training and exercise consulting business in 2017.

Darci and her husband Ben Pfund ND '01 currently reside in Maple Valley, WA and are the proud parents of 2 daughters Marceline and Bronwyn.

